



PNC

**PITTSBURGH TRIATHLON
& ADVENTURE RACE**

Training Workshop Presented by Team in Training

**Wednesday, June 10th
7:00 PM**

Are you thinking about training for your first Triathlon? Team in Training can help you get started as we share our knowledge in this clinic. Colleen Acerra, Team in Training coach, will cover training essentials: choosing the right gear; selecting proper clothing and footwear; as well as, provide some additional information about Team in Training to help you on your way.



Cost = FREE!

See a sales specialist for details.

